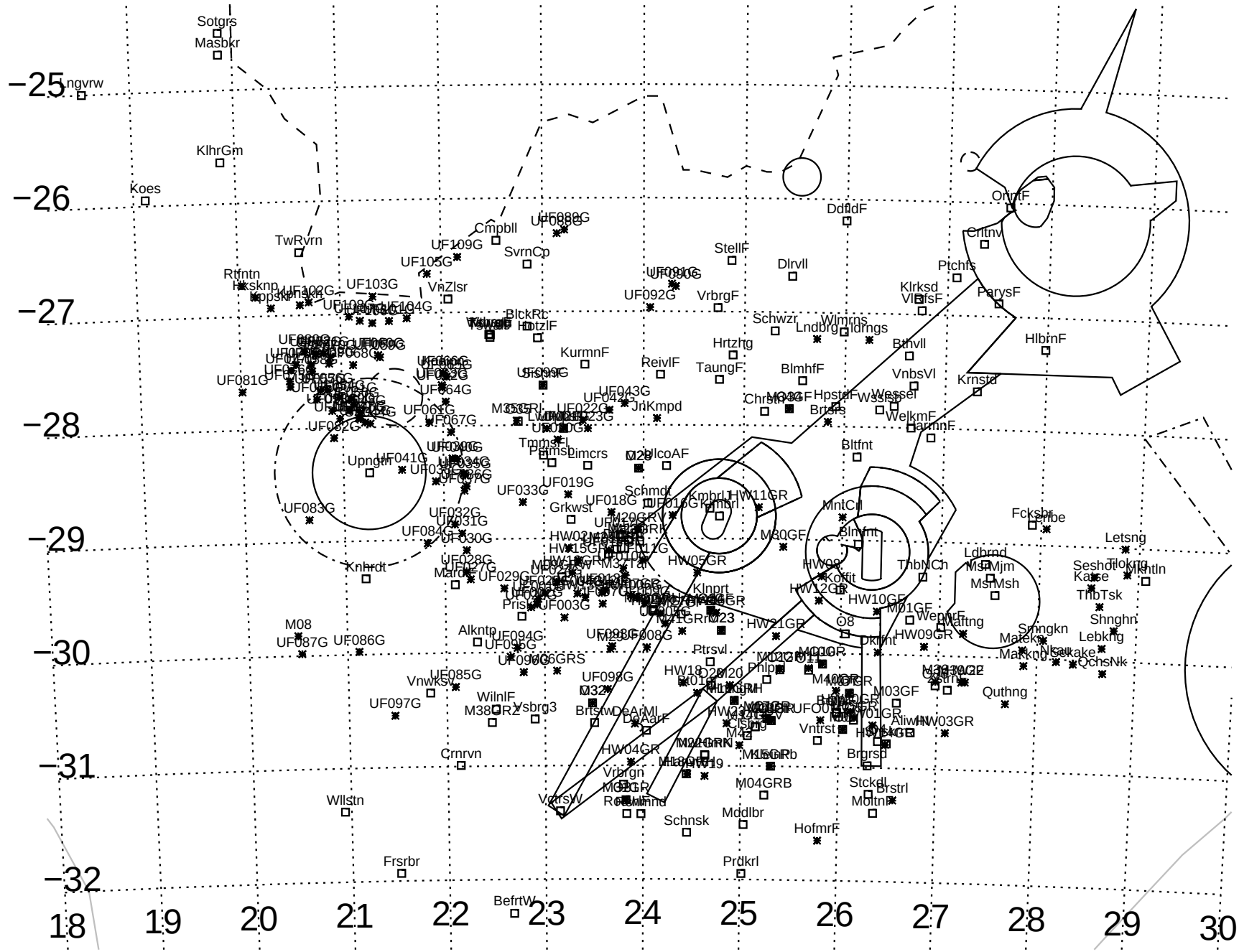Douglas, Northern Cape, South Africa