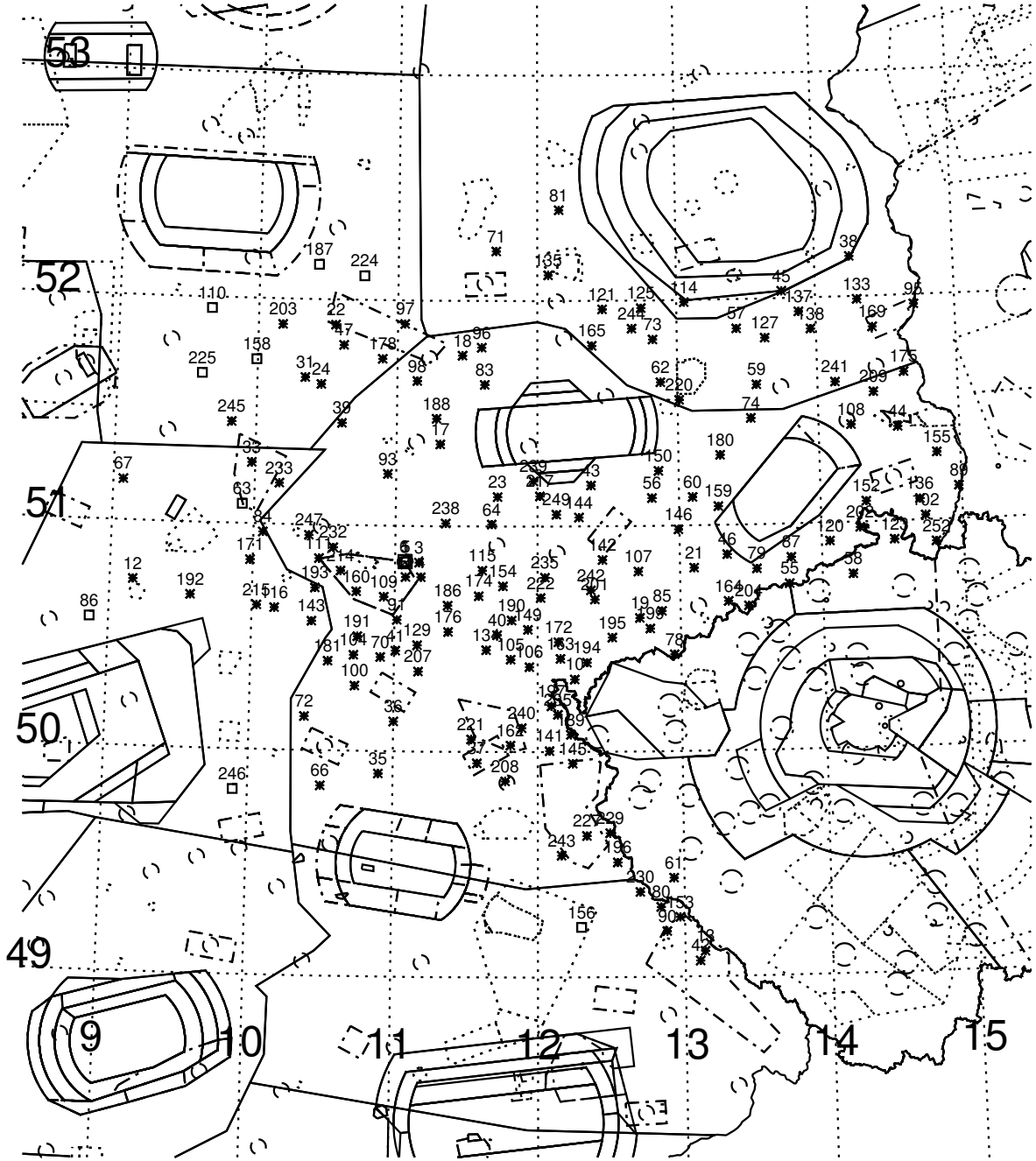Arnstadt–Alkersleben, 28. Thüringenmeisterschaft 2019